Overview of CRA

- Caries Risk is used by most general dentists daily, usually on an intuitive level.
- CRA is a simple method for determining an individual's risk for future decay and the frequency of ordering supporting radiographs.
- Using this data, custom preventive and restorative programs can be used, with more reliance on evidence-based dentistry and less on intuition and experience alone.

Low Caries Risk

- *No new carious lesions in last 3 years*
- *Good oral hygiene*
- *Regular dental*

Moderate Caries Risk

- *One new carious lesions in last 3 years*
- *Exposed roots*
- *Fair oral hygiene*
- *White spots and/or inter-proximal radiolucencies*
- *Irregular dental visits*
- *Orthodontic Treatment*

Caries Diagnosis and Risk Assessment, American Dental Association, 1995

High Caries Risk

- *2 or more new carious lesions in last 3 years*
- *Past root caries*
- *Deep pits and fissures*
- *Poor oral hygiene*
- *Inadequate use of topical fluoride*
- *Irregular dental visits*
- *Inadequate salivary flow*

Caries Diagnosis and Risk Assessment, American Dental Association 1995